

Examination Roll No.....

Name of the course : Master of Physical Education (M. P. Ed.)
Semester : IV (May 2026)
Name of the paper : Measurement and Evaluation in Physical Education
Paper Number : MPE-1005
Duration : 3 Hours
Maximum Marks : 50 Marks

Instructions to Candidates:

- Write your Roll No. on the top immediately after receiving the Question Paper.
- Question paper consists of Eight Questions.
- Attempt any Five Questions.
- All questions carry Equal Marks

- Q.1. Differentiate between Test, Measurement, and Evaluation with suitable examples in physical education and sports (10)
- Q.2. Tabulate the differences between Physical tests and Psychomotor aptitude tests. (10)
- Q.3. Explain how Norms are set in Physical Education. (10)
- Q.4. Explain the Physical as well as the Psychological basis of talent selection in Sports. (10)
- Q.5. Explain Pulse Rate and its importance. Describe how the resting pulse rate is measured. (10)
- Q.6. Describe the role of Anthropometric Measurements in Physical Education. Explain in detail. (10)
- Q.7 Explain in detail with the help of appropriate examples, the difference between Subjective Evaluation and Objective Evaluation. (10)
- Q.8. Write short notes on any two of the following: (5+5)
- (a) VO_2 Max and its significance.
 - (b) Limitations of general fitness test batteries.
 - (c) Power and its importance in sports.